5-Week Summer Ballet Program Frequently Asked Questions

Central Pennsylvania Youth Ballet's 5-Week Summer Ballet Program is a comprehensive experience that is dedicated to your improvement as a dancer. Through classes in ballet, pointe, men's classes, variations, repertory, contemporary, partnering, conditioning and more, you will cultivate a better understanding of technique and artistry.

With our devoted, thoughtful, and passionate faculty, you'll receive unparalleled training committed to your growth.

Is there housing available? Housing for the 5-Week Summer Ballet Program is available on the beautiful campus of Dickinson College for a limited number of students who are ages 12-18 at the start of the program. Housing is offered on a first-come, first-served basis as confirmations are received.

Being part of the CPYB residence life community provides an invaluable complement to your training experience.

Can a dancer attend for less than five weeks? Our 5-Week Summer Ballet Program is a full, five-week program and dancers who are accepted and commit to the program are strongly encouraged to attend for the entirety. The program does not have a weekly participation option. We understand there may be scenarios where a student must arrive a little later or depart a bit earlier; however, pro-rating is not available for less time attended.

How does level placement work? Dancers confirmed to attend the program will participate in a placement class on the Sunday following move-in day. Following placement classes, dancers will be placed in age-appropriate levels as determined by Artistic Leadership. Faculty and leadership will monitor classes throughout the program to ensure that students are where they will be best served.

What is class size? Class size is always a priority consideration to provide the opportunity for each student to receive individual attention. CPYB utilizes up to 13 studios of various sizes during our 5-Week Summer Ballet Program.

What is the schedule? All schedule information noted here is subject to change at the discretion of Artistic Leadership.

- **The Marcia Dale Weary School:** Includes all dancers living on campus. Younger dancers not living on campus may also be at this location, if their level classes are held here.

  Dancers can expect to begin their day with an optional, strongly encouraged, conditioning class. The first technique classes of the day will begin at 9:00 AM or 10:30-10:45 AM. Depending on level, there are up to four classes daily Monday – Friday and up to two classes on Saturday. There are breaks between each class for meals*. Click HERE for a sample schedule. **For students living on campus, class break times correspond with breakfast, lunch and dinner hours at the Dickinson Dining Hall.*

- **The historic CPYB Barn Studios:** Includes dancers age 12 and younger who are not living on campus, and have level classes held here.

  The schedule is still in development until closer to the program start but typically, students can expect to take 3 ballet classes daily Monday - Friday between the hours of 9:00 a.m. - 5:00 p.m., all of which are ballet technique classes. On Saturdays, dancers may have up to two classes between 9:00 a.m. and 1:00 p.m., one of which is Modern or a select supplemental discipline. The program focuses on foundational classical ballet technique rooted in our proven syllabus. Dancers refine and strengthen their foundational training through classes focused on barre and center work. Dancers will have breaks between classes allowing them time to make friends, enjoy picnics in the yard and partake in activities and games, to ensure they have an enriching experience in and out of the studio.

What classes are offered? The primary focus of CPYB's summer intensives has always been to concentrate on ballet technique. It is our goal to have all the dancers leave after five weeks of intense training with a stronger understanding of classical technique as well as how their bodies and muscles work to achieve these positions and lines correctly.

Pointe classes, men's classes and partnering are incorporated into level schedules as determined by Artistic Leadership. The same applies for supplemental classes such as modern, contemporary, hip hop or conditioning. While not every level will have every class offering outside of ballet technique, it is important to note that this is done with intention, so every student gains the most from their summer training with CPYB.

What health & wellness services are available during the program? Dancers enrolled in the 5-Week Summer Ballet Program will have the opportunity to schedule sessions with our physical therapy and massage therapy consultants. These 15–20-minute maintenance therapy sessions* are held on-site in our conditioning room and the cost per session will be provided to all students who have confirmed a place in the program closer to June.

For dancers with classes at The Marcia Dale Weary School, CPYB's conditioning room also offers cardio and Hyperice recovery equipment for use at no-cost. Private or semi-private Pilates conditioning sessions are also available at an additional cost.

Dancers staying on-campus will have access to summer nurse consultants during posted hours.

** Dancers who routinely see a PT or have chronic issues (like tendonitis) are encouraged to also work with their current provider in advance of attending the summer with CPYB to best prepare for the program.*

Who are the summer program faculty? CPYB builds an exceptional summer faculty dedicated to providing unparalleled technical training. CPYB's diverse and talented staff includes many CPYB alumni themselves, as well as current and former dancers from companies throughout the United States, as well as Canada and Europe. You can learn more about our year-round faculty who also instruct during the summer program, here.

What is the dress code? Dress code information is made available closer to the start of the program for all students who have confirmed a place in the program. Generally, dancers should plan to bring solid-colored leotards in a traditional style (without embellishments, crisscross straps, low cut out backs, or halters).

Are there private lessons? Students may schedule private lessons with CPYB Faculty and Guest Teachers only when regularly scheduled classes are not in session and the building is open. Studio rental charges and private lesson fees are separate and not included in tuition. Dancers who take private lessons should be prepared to pay in cash or check at the time of their lesson.

Is there travel assistance for dancers arriving to or departing from the program on their own? For travel assistance, CPYB recommends Unique Chauffeured Services. Associated costs are at the responsibility of the student and family.

Are there activities when classes are not in session? During the program, dancers will experience a variety of activities, such as a Yumiko Pop-Up, Freed of London pointe shoe fittings, and student & faculty roundtable discussions. A field trip to HersheyPark* and an end of summer Prom** hosted by the Residence Life Staff are highlights each summer. Dancers who have classes at the Barn will have Saturday after-class activities.

Residence Life Staff will also have a compliment of activities planned for dancers living on campus.

**HersheyPark package (ticket and bussing) is included for all residential students and available for a-la-carte purchase for non-residential students (age 13+). **The end of summer Prom is for dancers who are in levels with classes at the Marcia Dale Weary School.*

Is there a performance at the end of the program? We do not hold a performance at the end of the program. Dancers participate in classes up to and including the final day. Parent observation will be available on the final Thursday – Saturday of the program.

Do you have additional questions? Please email info@cpyb.org and a member of our staff will be in touch. Due to the volume of inquiries during this time, please allow up to 72 hours for a response.